

EASY FITTING STEPS

1

CUSTOMISE

Configure your new OrthoSole® insoles with your preferred combination of arch and metatarsal support pads.

2

FITTING

Remove your shoes' existing insoles. Replace them with your new OrthoSole® insoles, fabric side up. Make sure your OrthoSole® insoles fit snugly in your shoe and your toes have sufficient room to move.

3

LET YOUR FEET DO THE TALKING (WHILE YOU DO THE WALKING)

Wear your OrthoSole® insoles for a minimum of 2 minutes while they conform to the shape of your foot. Experience how the current support pad combination feels for you. OrthoSole® insoles should feel comfortable immediately so you don't have to worry about any break-in period.

4

RE-CONFIGURE YOUR COMBO

If needed, adjust the support pads again until you find the most comfortable combination for your feet. You can adjust your OrthoSole® insoles as many times as you need. Use the firmest/supportive pieces that are the most comfortable for you. You can have a different combination of pieces on both feet if this feels right for you.

5

VISIT OUR WEBSITE www.dr-aktive.com

ORTHOSOLE® THIN STYLE

LOW PROFILE

The thin style provides the optimum fit in your shoe. Place the OrthoSole® snugly in your shoe, leaving sufficient room for your toes to move freely.

Thin Style – Low profile, outstanding performance



SIZING

OrthoSole® Thin Mens (Blue)

Available in UK sizes 6 – 13

OrthoSole® Thin Womens (Pink)

Available in UK sizes 1 – 8

Distributed by Dr Aktive®, a Kinetec brand.
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ORDER ONLINE:
WWW.DR-AKTIVE.COM

OrthoSole®

distributed by

dr. aktive
LIVE LIFE



CUSTOMISABLE INSOLES

ADAPTABLE

VERSATILE

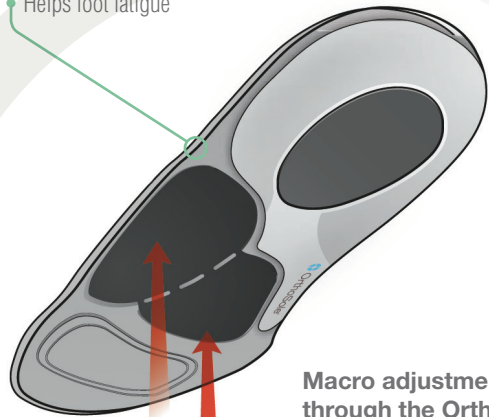
UNIQUE

PATENTED FIT ADVANTAGE

TWO KINDS OF UNIQUE ADJUSTMENT FOR A CUSTOM FIT ALONG WITH ULTIMATE SHOCK ABSORPTION & COMFORT

Micro adjustments through the OrthoSole® heat and pressure sensitive unique Poron® Urethane layer.

- Ultimate shock absorption & comfort
- Relief of foot pressure points
- Conforms to shape of foot
- Helps foot fatigue



Macro adjustments through the OrthoSole® adjustable support system

• Arch Pad: Helps provide support for pronation

• Metatarsal Pad: Helps improve weight distribution, cushioning & protection to the ball of the foot

ADAPTABLE

COMFORTABLE

EASY TO FIT

MATERIALS + BENEFITS

INSOLE INNOVATION

The only insole with patented arch and metatarsal support. Allows you to customise the level of support for each foot to create your perfect fit.

All materials used in the OrthoSole® are of the highest quality and durability, working together to make a market leading insole.

ADDITIONAL FEATURES

Extra Poron® Heel Insert:

- Eases impact during heel strike while standing, walking and running

Fabric Top Cover:

- Keeps feet cooler and drier
- Abrasion-resistant
- Anti-microbial to help eliminate bacteria which cause foot odour



ORTHOSOLE® CAN HELP WITH:

Foot fatigue / knee, back, hip, foot, ankle + heel pain / plantar fasciitis / shin splints / overpronation / Morton's Neuroma / Metatarsalgia / T.A. pain + strain

ADJUSTABLE SUPPORT SYSTEM

NINE DIFFERENT SUPPORT OPTIONS IN ONE INSOLE

These insoles have been designed to give you the perfect fit for your specific needs, with nine different support combinations.

ARCH ADJUSTMENTS

LIGHT SUPPORT MEDIUM SUPPORT FIRM SUPPORT



METATARSAL ADJUSTMENTS

LIGHT SUPPORT MEDIUM SUPPORT FIRM SUPPORT



WHICH IS RIGHT FOR YOU?



Our system of removable support pads means you can customise your insole combination to match your type of foot, body and lifestyle.