

kinetec[®]

orthopaedic supports + braces

PRODUCT RANGE



Fitline[®]

dr. aktive[®]
LIVE LIFE

POLYFIT KNEE BRACE

SIMPLE, LIGHTWEIGHT ROM BRACE WITH RIGID FRAME

CHARACTERISTICS + ADVANTAGES



Adjustable ROM hinge can be fixated at -10°, 0°, 10°, 20° and 30°
Simply pull, twist and release to fix the flexion/extension



Carbon fibre pattern gives the brace an elegant look

ROM control in steps of 10°: Flexion -10° to 120°, Extension from -10° to 30°

Soft pads & straps shaped for superior comfort

Steel frame and six secure straps providing the stability needed

Model	Applications
S-FIT-80-029	— Knee injuries due to anterior and/or posterior cruciate ligament (ACL/PCL) deficient, or combined injuries
Description	
Functional knee brace	
Size	
S, M, L, XL	— To restrict the range of motion after reconstructive surgery
	— Post-operative and functional knee brace
	— Ideal for ROM control with rigid support

Reference left	Reference right	Size	Thigh circ*	Calf circ**
S-FIT-80-029-L2	S-FIT-80-029-R2	S	40-47 cm	29-37 cm
S-FIT-80-029-L3	S-FIT-80-029-R3	M	47-53 cm	37-43 cm
S-FIT-80-029-L4	S-FIT-80-029-R4	L	53-60 cm	43-49.5 cm
S-FIT-80-029-L5	S-FIT-80-029-R5	XL	60-67 cm	49.5-57 cm

*measured 15cm above the mid-patella
** measured 12.5cm below the mid-patella

FOLLOW KNEE BRACE

LIGHTWEIGHT FUNCTIONAL KNEE BRACE FOR LIGAMENT INJURIES + INSTABILITIES, AND POST-OP REHAB

CHARACTERISTICS + ADVANTAGES

Exceptionally light, aircraft-grade aluminium frame: Only 430g (15oz)

Soft, skin-friendly lining with hypoallergenic properties

Removable pads of different thicknesses (2/4/6mm) for ultimate comfort

Developed in conjunction with sports professionals



Light, open construction

Patented hinge reflects natural physiological movement of the knee (rolling and sliding)

Movable buckles for better comfort and safety

Numbered straps for ease of application

Model	Application
DRQIOEBEX	— Instability of the knee joint
Description	
Lightweight knee brace with adjustable range of motion	— Injuries of the ACL, PCL, MCL and LCL
	— Improving the rehabilitation programme following surgery and restoring the optimal mobility
Size	
XS, S, M, L, XL	— Weakened quads

Reference left	Reference right	Size	Thigh circ*	Calf circ**
DRQIOE1BEXL1P	DRQIOE1BEXP1P	XS	33-39 cm	25-30 cm
DRQIOE1BEXL2P	DRQIOE1BEXP2P	S	39-47 cm	30-35 cm
DRQIOE1BEXL3P	DRQIOE1BEXP3P	M	47-53 cm	35-40 cm
DRQIOE1BEXL4P	DRQIOE1BEXP4P	L	53-59 cm	40-47 cm
DRQIOE1BEXL5P	DRQIOE1BEXP5P	XL	59-67 cm	47-50 cm

*measured 15cm above the mid-patella
** measured 12.5cm below the mid-patella

ARTRO FIT KNEE BRACE

TO SUPPORT MODERATE TO SEVERE LEVELS OF OSTEOARTHRITIS

CHARACTERISTICS + ADVANTAGES



Low profile frame

Pressure relief of the medial or lateral hinge compartment by the 3-point principle which off-loads the knee into varus or valgus position between 5-15°

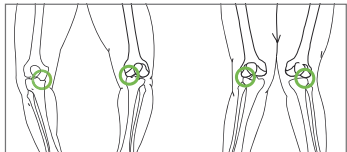
High quality, 100% aluminium frame

Easily adjustable straps with handy end tabs



Allen key included for easy customised adjustments

The correct choice of orthosis:



ArtroFit varus

Varus deformity
(bowed leg)

ArtroFit valgus

Valgus deformity
(knock-kneed)

Model

S-FIT-80-001
(varus deformities)

S-FIT-80-002
(valgus deformities)

State L1 – L6 or
R1 – R6 when ordering

Description

Knee brace for OA

Application

- Conservative treatment of advanced unilateral osteoarthritis
- Post-operative pressure relief & compartmental protection
- Instability of the cruciate ligaments
- Functional pre- or post-operative care of knee instabilities

Size (cm)	XS	S	M	L	XL	XXL
Thigh circ*	31-37	37-45	45-51	51-57	57-65	65-74
Varus deformities (L)	001-L1	001-L2	001-L3	001-L4	001-L5	001-L6
Varus deformities (R)	001-R1	001-R2	001-R3	001-R4	001-R5	001-R6
Valgus deformities (L)	002-L1	002-L2	002-L3	002-L4	002-L5	002-L6
Valgus deformities (R)	002-R1	002-R2	002-R3	002-R4	002-R5	002-R6

*measured 15cm above the mid-patella

Please quote full model number (see left), size and left or right version

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FITLINE KNEE BRACE

DESIGNED TO SUPPORT MILD KNEE INSTABILITES + INJURIES

CHARACTERISTICS + ADVANTAGES

Compact functional soft brace, made of breathable material

Wrap-around system for easy application

Ideal for contact sports due to integrated adjustable hinges



FITS LEFT + RIGHT

Extension stops:
0°, 10°, 20°, 30° and 45°

Flexion stops:
0°, 10°, 20°, 30°, 45°, 60°, 75°, 90° and 120°

Immobilisation at:
0°, 10°, 20°, 30° and 45°

Model

S-FIT-80-006

Description

Functional knee brace

Application

- Injuries of the collateral ligaments
- Mild instabilities of the cruciate ligaments and meniscal injuries

Size (cm)	XS	S	M	L	XL	XXL
Thigh circ*	31-37	37-45	45-51	51-57	57-65	65-74
Code end	006-01	006-02	006-03	006-04	006-05	006-06

*measured 15cm above the mid-patella

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MALLEOFIT WITH FOAM PADS

CHARACTERISTICS + ADVANTAGES

Prevents inversion and eversion
Shells adapt perfectly to the shape of the malleoli
Simple hook and loop straps

FITS LEFT + RIGHT

Foam-gel pads can be used as cold-packs

Model
S-FIT-91-002
(Athletic)

Description
Ankle brace

Size
One size only

Application

- Instabilities of the ankle
- Ideal for swollen ankles in acute stage

FITLINE STRETCH SPLINT

CHARACTERISTICS + ADVANTAGES

Allows consistent stretch by holding the foot in gentle dorsiflexion
Foot angle can be adjusted by touch and close fixation (for additional dorsiflexion)

FITS LEFT + RIGHT

Special slip-resistant sole for better patient safety

Model
S-FIT-91-004

Description
Ankle support

Application

Minimises pain and discomfort of plantar fasciitis and Achilles tendonitis

Code	Size	Shoe size (women)	Shoe size (men)
S-FIT-91-004-U2	S	≤ 39	≤ 40
S-FIT-91-004-U3	M	39-42	41-44
S-FIT-91-004-U4	L	≥ 43	≥ 44

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AEROSTAB

STABILISING ANKLE BRACE

CHARACTERISTICS + ADVANTAGES

Spacer fabric provides excellent air and moisture permeability

Anatomically shaped stays, additionally reinforced with thermoplastic material, provides optimal stabilization

Soft padding protects soft tissues

FITS LEFT + RIGHT

Intuitive system of lace fastening adjusts compression to patient's individual needs

Tabs for ease of patient application

Model
S-FIT-091-024

Description
Stabilising ankle support

Size
S, M, L

Application

- Sprain of tibio-tarsal joint
- Support in recovery process
- Prevention of injuries
- Protection against excessive inversion and eversion

Size (cm)	S	M	L
Ankle circ*	27-30	30-33	33-36

*measured 'short heel', i.e. from point of heel around and above instep

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FPR SHOES

CHARACTERISTICS + ADVANTAGES



Soft padded material on the inside

Three hook and loop straps for multi-adjustment

FITS LEFT + RIGHT

Toe cap also available

Model
S-FIT-92-005
FPR Shoe (with Rim)
S-FIT-92-012
FPR Shoe (without Rim)
S-FIT-00-40
FPR Shoe Toe Cap
Description
Pressure relief shoe

Application
— For Forefoot Pressure Relief
— After metatarsal and phalangeal fractures and operations of the hallux
— Minimizes pain and discomfort of plantar fasciitis and Achilles tendonitis

	Size	XS	S	M	L	XL	XXL
With rim	Shoe size	≤ 35	36-38	39-40	41-42	43-44	≥ 45
Without rim	Shoe size	32-35	36-38	39-41	42-43	44-46	47-49

POLY CAST SHOE

CHARACTERISTICS + ADVANTAGES



Square toe design acts as a protective bumper and gives more room to accommodate larger casts and bandages

Higher ankle strap for improved fit

Forefoot closure can be adjusted to accommodate casts or bandages and can be switched between left/right closure

Model
S-FIT-92-010
Description
Versatile cast shoe

Application
The Poly Cast Shoe can be adapted to casts, bulky compression bandages and a variety of woundcare applications, making it one of the most versatile cast shoes on the market.

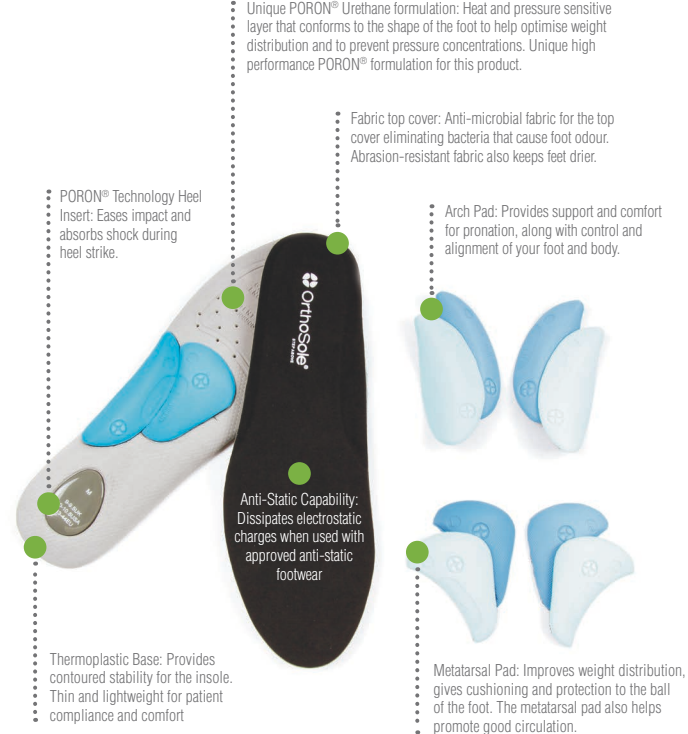
Size	XXXS	XXS	XS	S	M	L	XL	XXL
Shoe size	23-27	28-31	32-35	36-38	39-41	42-43	44-46	47-49

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ORTHOSOLE® THIN INSOLES

dr. **aktive**
LIVE LIFE

CHARACTERISTICS + ADVANTAGES



Unique PORON® Urethane formulation: Heat and pressure sensitive layer that conforms to the shape of the foot to help optimise weight distribution and to prevent pressure concentrations. Unique high performance PORON® formulation for this product.

Fabric top cover: Anti-microbial fabric for the top cover eliminating bacteria that cause foot odour. Abrasion-resistant fabric also keeps feet drier.

Arch Pad: Provides support and comfort for pronation, along with control and alignment of your foot and body.

Metatarsal Pad: Improves weight distribution, gives cushioning and protection to the ball of the foot. The metatarsal pad also helps promote good circulation.

Anti-Static Capability: Dissipates electrostatic charges when used with approved anti-static footwear

Thermoplastic Base: Provides contoured stability for the insole. Thin and lightweight for patient compliance and comfort

PORON® Technology Heel Insert: Eases impact and absorbs shock during heel strike.

Model
DA01AP040 (Mens)
DA01AP050 (Womens)
Application
— Plantar fasciitis
— TA pain & strain
— Metatarsalgia
— Morton's Neuroma
— Heel & foot pain

OrthoSole® Thin - Mens	DA01AP040	UK 6-13
OrthoSole® Thin - Womens	DA01AP050	UK 1-8

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ORTHOSOLE® HEEL LIFTS

dr. **aktive**
LIVE LIFE

CHARACTERISTICS + ADVANTAGES



Available in 3 sizes

Available in multiple thicknesses: 4, 6, 8, 10, 12 and 15mm

Self adhesive for easy attachment

Supplied in packs of two

Model
DA01AP150
DA01AP160
DA01AP170
Application
These EVA heel lifts can be used for leg length inequality or achilles tendonitis. Available in a wide range of widths and thicknesses, they offer a great quality solution for your orthotic needs. They can be used directly in the shoe or under an existing orthotic.
Please state Heel Lift depth when ordering:
4mm, 6mm, 8mm, 10mm, 12mm or 15mm
Available in 3 sizes: Small (UK 2-5), Medium (UK 6-8), Large (UK 9-12)

DA01AP150	Dr Aktive Heel Lift Small (Pair)
DA01AP160	Dr Aktive Heel Lift Medium (Pair)
DA01AP170	Dr Aktive Heel Lift Large (Pair)

EDC SHOULDER
SUPPORT

POST-INJURY AND POST-OPERATIVE
SUPPORT FOR SHOULDERS

CHARACTERISTICS + ADVANTAGES

The ROM control can be customised with strap adjustments

Prevents glenohumeral dislocation/subluxation allowing full range-of-motion

Provides glenohumeral stability without immobilisation

Wide, Velcro® straps for easy adjustment

Wide, flat buckles for comfort

Comfortable, breathable fabric support

FITS EASILY UNDER PROTECTIVE GEAR



Model	Application	Left	Right	Size	Circ around the biceps
S-FIT-40-003	— Protects the glenohumeral joint from dislocations/subluxation during sport activities	S-FIT-40-003-L2	S-FIT-40-003-R2	S	< 27 cm
Description		S-FIT-40-003-L3	S-FIT-40-003-R3	M	27-30cm
Functional support		S-FIT-40-003-L4	S-FIT-40-003-R4	L	>31cm
Size	— Functional preventive support / support for functional treatment				
S, M, L	— Post injury support for conservative treatment of anterior dislocation				
Select Left or Right	— Post operative support of anterior dislocation/instability				

WRIST SPLINT /
WRIST + THUMB SPLINT

CHARACTERISTICS + ADVANTAGES

Wrist & thumb option

Breathable mesh material provides comfortable support

Three adjustable straps allow anatomical fit & even compression

Wrist only option

Removable aluminium palmar splint provides greater immobilisation

Two additional stays on each side for high stability



Model			
S-FIT-61-007 Wrist splint			
Left	Right	Size	Wrist circumference
S-FIT-61-007-L2	S-FIT-61-007-R2	S	13-15 cm
S-FIT-61-007-L3	S-FIT-61-007-R3	M	15-18 cm
S-FIT-61-007-L4	S-FIT-61-007-R4	L	18-20 cm
S-FIT-61-007-L5	S-FIT-61-007-R5	XL	20-22 cm
S-FIT-62-003 Wrist + thumb splint			
Left	Right	Size	Wrist circumference
S-FIT-62-003-L2/3	S-FIT-62-003-R2/3	S/M	14 - 19cm
S-FIT-62-003-L4/5	S-FIT-62-003-R4/5	L/XL	19 - 23cm

THUMB SPLINT

CHARACTERISTICS + ADVANTAGES

Plastic insert provides support & protection

Designed to immobilise the thumb. Ideal for providing support and stability for arthritis, ligamentous and soft tissue injuries.

Thumb strap

Black, breathable material provides comfort



Model	Description	
S-FIT-62-002	Thumb splint for immobilisation, protection and support	
Left	Size	Wrist circumference
S-FIT-62-002-U2	S	17-19 cm
S-FIT-62-002-U3	M	20-22 cm
S-FIT-62-002-U4	L	23-24 cm
S-FIT-62-002-U5	XL	25-27 cm



THE LATEST COLD COMPRESSION TECHNOLOGY

The Dr Aktive® cold compression supports are recommended for post-op use and are also effective in the treatment of rotator cuff injuries, SLAP repairs, bursitis, tendonitis, sprains, strains and swelling.

Our cold therapy supports are the ideal way to ‘ice’ the joint whether it be post exercise, injury or as part of a rehabilitation programme. Cold compression therapy will help minimise pain, reduce swelling and maximise rehab potential.

CHARACTERISTICS + ADVANTAGES

- Innovative support which uses cold compression therapy to minimise pain, discomfort and reduce swelling.
- Design incorporating the latest in cold compression technology.
- Features detachable gel lining which can be placed in fridge/freezer. Inflation pump with handy two-way cut-off valve.
- Secure Velcro® fastenings for comfortable and adjustable compression and support. Breathable neoprene fabric. Fully washable.
- Suitable for use to treat sprains and strains, swelling, muscle fatigue, sports and other injuries. Ideal for rehabilitation.
- Universal fit: all three supports are suitable for both left and right side.
- Additional Gel Pack inserts are available:

- DA030101GP KNEE GEL PACK
- DA030102GP ANKLE GEL PACK
- DA030103GP SHOULDER GEL PACK
- DA030105GP WRIST GEL PACK



OPTIONS AVAILABLE —



KNEE SUPPORT
DA030101



ANKLE SUPPORT
DA030102



SHOULDER SUPPORT
DA030103

Not shown:
WRIST SUPPORT
DA030105
KNEE SUPPORT WITH HINGE
DA030106

COLD
COMFORTABLE
COMPRESSION

- Shut off valve to maintain desired compression
- Removable inner gel pack that can be placed in the fridge or freezer
- Washable support and gel pack
- Velcro® fastening to ensure correct positioning and comfort





INSTANT COLD PACK

This instant use sachet is single use. Simple activation by pressure on the sachet provides instant cold for a period of 15-20 minutes. Available in boxes of 24 or duo packs of 2.

BOX OF 24 4665009815

BOX OF 2 466501093

COLD/WARM GEL PACK

This cold/warm pack provides both cooling and warming options. Innovative built-in straps with mutli adjustment hook and loop allows the pack to be easily held in place. Reusable.

BOX OF ONE ONLY 4665009807



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CONSISTENT TEMPERATURE DELIVERY

Traditional ice-water circulating devices as well as ice and gel heat packs do not maintain consistent temperatures over time. These therapies can start off too cold or too hot, causing injury or discomfort and will quickly lose their therapeutic effectiveness as they adjust to room temperature.

ADVANTAGES OF KINETEC KOOLER
CONTINUOUS THERMAL THERAPY

- Heat or cool therapy in one device
- Customizable temperature control between 1° and 51°C
- Operates at a constant temperature for up to 1,000 continuous hours
- Rapid achievement of temperature levels at 20 comfort level settings
- Short mode-changing delay enables contrast therapy at any temperature
- A range of reusable (neoprene) pads or single patient use pads are available – including knee, shoulder, ankle, head and back.



The ice age is over!
No more ice, no more hydroculators.



Broad temperature range
20 controlled temperature settings from 1° to 51°.



Consistent temperature
5 preset timer options; maintains temperature as long as you need it.

Visit www.kinetecuk.com to view our full range



KNEE RELIEF PAD
4665009568



KINETEC KOOLER™ UNIT
4665009518

THE KINETEC KOOLER™ ADVANTAGE

Kinetec Kooler™ is a powerful and practical pain relieving device that uses thermoelectric technology to provide heating and cooling therapy where and when you need it, without the use of ice. Our technology satisfies a clear clinical need for safe, effective, and targeted localized treatment with precise temperature management.

kinetec®

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