

## REDUCE PAIN & SWELLING WITH THE LATEST COLD COMPRESSION TECHNOLOGY

The dr. aktive® cold compression supports are recommended for post-op use and has also a proven effectiveness in the treatment of rotator cuff injuries, SLAP repairs, bursitis, tendonitis, sprains, strains and swelling.

Our cold therapy support is the ideal way to 'ice' the joint whether it be post exercise, injury or as part of a rehabilitation programme. Cold compression therapy will help minimise pain, reduce swelling and maximise rehab potential.

### KNEE SUPPORT

Recommended for treating multiple knee pathologies such as patellar tendinopathy (jumper's knee), iliotibial band friction syndrome, meniscal tears, cruciate and collateral ligament injuries, tendinopathies, bursitis, sprains, strains and swelling.

### SHOULDER SUPPORT

Recommended for treating shoulder injuries such as rotator cuff injury, frozen shoulder, bursitis, tendonitis, sprains, strains and swelling.

### ANKLE SUPPORT

Recommended for treating Achilles tendinopathy, plantar fasciitis, heel spurs, flatfoot and other arch related pathologies, bursitis, sprains, strains and swelling.

### WRIST SUPPORT

Recommended for treating general wrist complains such as sprains, sport injuries, arthritis, muscle tiredness and overload.

### SPARE GEL PACKS

Art.: DA030101GP Knee  
Art.: DA030102GP Ankle  
Art.: DA030103GP Shoulder  
Art.: DA030105GP Wrist



### PRESSURE GAUGE

Art.: DA030104



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dr. aktive®  
LIVE LIFE



## Cold Compression Therapy

Easy Use

Durable

Lightweight



## SUPPORT FOR KNEE, ANKLE, SHOULDER AND WRIST

### WRIST SUPPORT

Art.: DA030105



### SHOULDER SUPPORT

Art.: DA030103



### KNEE SUPPORT

Art.: DA030101



### KNEE SUPPORT WITH HINGE

Art.: DA030106



### ANKLE SUPPORT

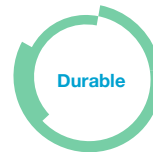
Art.: DA030102



## MATERIALS + BENEFITS

### CHARACTERISTICS AND ADVANTAGES

- ✓ Innovative support which uses Cold Compression Therapy to minimise pain and discomfort and reduce swelling.
- ✓ Design incorporating the latest in Cold Compression technology.
- ✓ Features detachable gel lining which can be placed in fridge/freezer. Inflation pump with handy two-way cut-off valve.
- ✓ Secure Velcro fastenings for comfortable and adjustable compression and support. Breathable neoprene fabric. Fully washable.
- ✓ Suitable for use to treat sprains and strains, swelling, muscle fatigue, sports and other injuries. Ideal for rehabilitation.
- ✓ Ambidextrous system: All supports are suitable for both left and right side.



## HOW TO USE STEP BY STEP

### SIZE

One size

### INDICATIONS

- ✓ Sprains
- ✓ Sport injuries
- ✓ Rehabilitation
- ✓ Arthritis
- ✓ Muscle tiredness



- 1 Refrigerate gel pack at least 2 hours before usage.
- 2 Put the gel pack back on the support after refrigeration.
- 3 Connect the tube to the ON/OFF switch and turn "ON" the switch.
- 4 To get the best effect: ON for 5-10 minutes, OFF for 5-10 minutes to let the skin rest and then repeat.
- 5 Empty it before taking off and then refrigerate for next usage.